

# STUDENT MENTAL HEALTH AGREEMENT 2022-2024

Create a definition of  
a mentally healthy  
college

Reduce Stigma and  
discrimination through  
education &  
campaigns

Provide workshops  
training and peer  
support programs

Research! Find out  
about our students and  
their needs

Evaluate all resources  
and ensure they are  
accessible for all  
students

Empower students to  
look after themselves  
by accessing support  
available

This agreement evidences the  
commitment of West Lothian College  
and West Lothian College SA to  
improve student mental and  
physical health and wellbeing